

Who is Eligible?

Your 12 – 35 month old child is eligible for Alberta Health Services' free fluoride service if:

- Your family has an Alberta Child Health Benefit (ACHB) card
- OR
- Your 'take-home' family income is equal to or less than these amounts:

Household Size	Family Income
Single Parent with 1 child	\$36,596
Single Parent with 2 children	\$43,609
Single Parent with 3 children	\$51,084
Single Parent with 4 children	\$59,004
Couple with 1 child	\$43,928
Couple with 2 children	\$51,519
Couple with 3 children	\$58,498
Couple with 4 children	\$66,000
For each additional child add	\$ 6,995

OR

If the income levels don't apply to you, your child may still have free fluoride applied if **two of the following** describe your family:

- You are a single parent
- You have been in Canada for less than 3 years
- Either you or your partner did not finish high school
- You get a subsidy for other government services (e.g. daycare)
- A member of your family has had cavities in the last 2 years
- Your children are First Nations but are not able to participate in the *Care for a Smile* or *Children's Oral Health Initiative*

How Can I Get More Information?

For health advice and information 24 hours a day, seven days a week, call Health Link Alberta

- In Calgary, call 403-943-LINK (5465)
- Outside of the Calgary area, call 1-866-408-LINK (toll-free)

Visit www.albertahealthservices.ca for health information online



Preschool Fluoride
Varnish Program

Free
For Eligible Children
12 to 35 Months

Calgary Zone

What is Included in the Preschool Fluoride Varnish Program?

A dental professional will:

- Provide a visual dental check
- Provide a fluoride varnish treatment
- Talk about ways to help protect your child's teeth
- Answer any questions that you have about dental health



FAQs

What is fluoride varnish?

- Fluoride varnish is a coating painted onto your child's teeth to provide protection from cavities

How can my child benefit from fluoride varnish?

- Fluoride varnish can help prevent cavities, or stop cavities from getting worse
- Fluoride varnish strengthens tooth enamel and takes only a minute to apply

If fluoride varnish has been applied to my child's teeth, is daily oral health care still important?

- Fluoride varnish is an additional protective measure that does *NOT* replace daily routine oral health habits, such as brushing and flossing, healthy feeding habits and regular dental visits

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Where is the Preschool Fluoride Varnish Program Offered?

If your child is 12-35 months of age and eligible, please phone to book an appointment:

Calgary

Phone: 403-955-1350

Surrounding Areas

Phone: 1-855-943-1300

For more information online, visit:
<http://www.albertahealthservices.ca/4750.asp>

Your child should receive an oral health check by a dental professional by 12 months of age